

Annexure - IV

Seminars , Workshops and Community Outreach

SR No	Date of Seminar	Duration of Seminar	Title of Seminar / Webinar Workshop	Resource Person	Attended by
1	3-Mar-21	1 Day	An Art of Living workshop on "Want a Real Break - JUST BREATHE." virtually on zoom.	Cardiologist Dr. Rajesh Dhopeswar	Faculty Members PG Students and Interns Of DSHMC
2	13-Mar-21	1 Day	International Womens Day celebrated by online interactive session on " Mindful Eating"	Nutritionist Mrs. Suvarna Bhandare	Teaching faculty, interns and PG Students
3	7-Apr-21	1 Day	Relevance of homoeopathy in todays times and how one should pursue & persevere to enhance their skills & achieve excellence in homoeopathy.	Dr. Hiralal Agarwal (Senior homoeopath & Alumni from Solapur)	All faculty and students from UG / PG.
4	21 to 23 May 2021	3 Days	Transforming Yourself - Art of living workshop "Importance of Yoga, Pranayam & its influence in improving our studies, career & life.	Cardiologist Dr. Rajesh Dhopeshwarkar	1 st year BHMS student & faculty member
6	5 to 9 April 2021	5 Days	Fitness week was conducted online in which included Pilates, dance forms, yoga , pranayam ,muscle training, stress management & importance of exercise in it.	Dr. Sonali Talavlikar	1 st Year BHMS Students
7	26 th and 27 th May 2021	2 Days	An online webinar was arranged on synopsis writing & dissertation writing	Dr. Chaturbhuj Nayak Former Director General of CCRH, Delhi	PG students , Interns & teaching staff



8	5th Aug 2021	1 Day	Interdepartmental Seminar on "Anatomy of breast & benefits of breast feeding to child as well as mother".	By Faculty of Anatomy & OBGY Dept	Final Year Students and faculty
9	18th August 2021	1 Day	Webinar on importance of Organ Donation was organised.	Dr. Sheetal Mahajani Consultant Liver Transplant, Physician, Hepatologist & Gastroenterologist at Sahyadri Hospital, Pune.	Staff Members, PG students & Interns.
10	25th Aug 2021	1 Day	Webinar on Career Guidance	Dr. Naveen Raina an eminent Neuropsychiatrist	Students From UG and PG
11	3rd September 2022	1 Day	Cardiac Arrest Webinar was organized by Dept. of POM .	Sumaiya Raghawan and her team from I - Care	All faculty and students from UG / PG.
8	23 rd June 2021	1 Day	On International Yoga Day interactive session on "Yoga as an adjuvant Therapy & Career"	Dr. Jyotsana Gundecha (Yoga Expert Alumni DSHMC)	1 st year to final year UG students and PG Students
9	8 th March 2022	1 Day	On International Women Day seminar was organized and the topic "Physical Literacy".	Dr. Sonali Talavlikar (Alumnus and an ambassador for IPLA)	UG, PG students, Interns & Teaching Staff.
10	12 th March 2022	1 Day	Seminar on Basics of Research Methodology	Dr. Sayyad Aaysha Fatima, Associate Professor from Unani college.	Interns UG, PG Students and Faculty.
11	27 th April 2022	1 Day	National level webinar organized by Dept. of Medicine DSHMC .	Prof. Dr. Rajat Chattopadhyay Principal Culcutta Homoeopathic Medical College, Kolkatta.	Interns PG Students and faculty members.
12	24th April 2022	1 Day	State Level Seminar on	Dr. Prasasd Rasal and Dr. Swapna	Alumni, PG, UG Students, Interns and all faculty.



Extension activities in the neighborhood community in terms of impact and sensitizing students to social issues and holistic development. (Annexure – IV)

Sr. No.	Date	Name of the extension social and community activity
1.	1/1/2021	General health checkup camp at Sadashiv Peth, Lokmanya Nagar in association with Rudra Foundation, Pune
2.	21/01/2021	General Health Check up Camp at Alandi Nagar
3.	24/01/2021	General Health Camp and Homoeopathic Management at NMRMHH
4.	28/01/2021	General health checkup camp at Sadashiv Peth, Lokmanya Nagar in association with Rudra Foundation, Pune
5.	7/2/2021	General Health Camp Homoeopathic Management at NMRMHH
6.	25/02/2021	General health checkup camp at Sadashiv Peth, Lokmanya Nagar in association with Rudra Foundation, Pune
7.	14/03/2021	General Health Camp and Homoeopathic Management of UTI at NMRMHH
8.	21/03/2021	General Health Camp and Homoeopathic Management of Frozen shoulder at NMRMHH
9.	21/03/2021	General Health Camp and Homoeopathic Management on Eczema at NMRMHH
10.	21/03/2021	General Health Camp and Homoeopathic Management on cervical spondylosis at NMRMHH
11.	24/03/2021	General health checkup camp at Sadashiv Peth, Lokmanya Nagar in association with Rudra Foundation, Pune
12.	28/03/2021	General Health Camp and Homoeopathic Management at NMRMHH
13.	4/4/2021	General Health Camp and Homoeopathic Management at NMRMHH
14.	20-26 May21	General Health check up and HB detection camp at NMRMHH
15.	25/07/2021	General Health Camp and Homoeopathic Management on lumbar spondylosis at NMRMHH
16.	1/8/2021	General Health Check up camp and Homoeopathic Management on Cancer at NMRMHH
17.	1/8/2021	General Health Check up camp and Homoeopathic Management on Dysmenorrhea at NMRMHH
18.	1/8/2021	General Health Check up camp on cervical spondylosis and Homoeopathic Management at NMRMHH
19.	22/8/2021	General Health Check up camp and Homoeopathic Management on Allergic rhinitis at NMRMHH
20.	22/8/2021	General Health Check up camp and Homoeopathic Management on Frozen shoulder at NMRMHH



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| 21. | 22/8/2021 | General Health Check up camp and Homoeopathic Management on Eczema at NMRMHH |
| 22. | 29/8/2021 | General Health Check up camp and Homoeopathic Management on Cancer treatment at NMRMHH |
| 23. | 29/8/2021 | General Health Check up camp and Homoeopathic Management on Diabetic Neuropathy at NMRMHH |
| 24. | 29/8/2021 | General Health Check up camp and Homoeopathic Management on Male urogenital symptom at NMRMHH |
| 25. | 18/9/2021 | General Health checkup camp at Khilarewadi Pune |
| 26. | 21/9/2021 | General Health checkup camp at Sutika Nursing Home Pune |
| 27. | 22/9/2021 | General Health checkup camp at Kelewadi Pune |
| 28. | 25/9/2021 | General Health checkup camp and HB detection camp at Mehendale Garage vasti Pune |
| 29. | 29/9/2021 | General Health checkup camp at Raut wadi Pune in association with Rotary club of Pune |
| 30. | 29/9/2021 | General Health checkup camp and HB detection camp at NMRMHH Pune |
| 31. | 30/9/2021 to 6/10/2021 | Haemogram checkup camp of BHMS fist year student at NMRMHH |
| 32. | 16/10/2021 | General Health checkup camp and BSL, ECG checkup camp at Gadale Gaon Mulashi Pune |
| 33. | 22/10/2021 | General Health checkup camp and HB detection camp at Mehendale Garage vasti Pune |

